
Fifty Places To Run Before You Die

Running Expert

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When Women Were Birds
Vintage

NEW YORK TIMES
BESTSELLER • “A
breathless read” (USA
Today) featuring “some of
the most ingenious military-
techno twists this side of
Tom Clancy” (San Francisco
Chronicle). David Elliot is
about to have a very bad day
at the office. Each morning

in his forty-fifth floor executive suite, David savors the quiet moments before the workday begins. Until today, when his boss walks in and aims a gun at him, murder glinting in his eye. For the rest of the day, David will be trapped in a midtown tower with a team of ruthless and professional mercenaries. Everyone he meets—and knows—will try to kill him. They expect him to be dead by lunchtime. But they're wrong. This is the “killer” workday redefined, a high-stakes and whiplash-paced drama that plays out with an electrifying intensity. You'll never see the office the same way again.

Fifty Places to Surf Before You Die Penguin

In the tradition of Wild and H Is for Hawk, an Outside magazine writer tells her story—of fathers and daughters,

grief and renewal, adventure and obsession, and the power of running to change your life. NAMED ONE OF THE BEST BOOKS OF THE YEAR BY REAL SIMPLE I'm running to forget, and to remember. For more than a decade, Katie Arnold chased adventure around the world, reporting on extreme athletes who performed outlandish feats—walking high lines a thousand feet off the ground without a harness, or running one hundred miles through the night. She wrote her stories by living them, until eventually life on the thin edge of risk began to seem normal. After she married, Katie and her husband vowed to raise their daughters to be adventurous, too, in the mountains and canyons of New Mexico. But when her father died of cancer, she was forced to confront her own mortality. His death was cataclysmic, unleashing a perfect storm of grief and anxiety. She and her father, an enigmatic

photographer for National Geographic, had always been kindred spirits. He introduced her to the outdoors and took her camping and on bicycle trips and down rivers, and taught her to find solace and courage in the natural world. And it was he who encouraged her to run her first race when she was seven years old. Now nearly paralyzed by fear and terrified she was dying, too, she turned to the thing that had always made her feel most alive: running. Over the course of three tumultuous years, she ran alone through the wilderness, logging longer and longer distances, first a 50-kilometer ultramarathon, then 50 miles, then 100 kilometers. She ran to heal her grief, to outpace her worry that she wouldn't live to raise her own daughters. She ran to find strength in her weakness. She ran to remember and to forget. She ran to live. Ultrarunning tests the limits of human endurance over seemingly

inhuman distances, and as she clocked miles across mesas and mountains, Katie learned to tolerate pain and discomfort, and face her fears of uncertainty, vulnerability, and even death itself. As she ran, she found herself peeling back the layers of her relationship with her father, discovering that much of what she thought she knew about him, and her own past, was wrong. *Running Home* is a memoir about the stories we tell ourselves to make sense of our world—the stories that hold us back, and the ones that set us free. Mesmerizing, transcendent, and deeply exhilarating, it is a book for anyone who has been knocked over by life, or feels the pull of something bigger and wilder within themselves. “A beautiful work of searching remembrance and searing honesty . . . Katie Arnold is as gifted on the page as she is on the trail. *Running Home* will soon join such classics as *Born to Run* and *Ultramarathon Man*

as quintessential reading of the genre.” —Hampton Sides, author of *On Desperate Ground* and *Ghost Soldiers*

The Last Lecture

Random House

Incorporated

The voyage began in the lunar terrain of the Peruvian Andes, where coca leaf is the only remedy against altitude sickness. It continued down rapids so fierce they could swallow a raft in a split second. It ended six months and 4,200 miles later, where the Amazon runs gently into the Atlantic. Joe Kane's personal account of the first expedition to travel the entirety of the world's longest river is a riveting adventure in the tradition of Joseph Conrad, filled with death-defying encounters: with narco-

traffickers and Sendero Luminoso guerrillas and nature at its most unforgiving. Not least of all, *Running the Amazon* shows a polyglot group of urbanized travelers confronting their wilder selves -- their fear and egotism, selflessness and courage.

Born to Run
Human Kinetics

NATIONAL

BESTSELLER • The astonishing and hugely entertaining story that completely changed the way we run. An epic adventure that began with one simple question: Why does my foot hurt? “ Equal parts quest, physiology treatise, and running history.... The climactic race reads like a sprint.... It simply

makes you want to run.” —Outside Magazine Isolated by Mexico's deadly Copper Canyons, the blissful Tarahumara Indians have honed the ability to run hundreds of miles without rest or injury. In a riveting narrative, award-winning journalist and often-injured runner Christopher McDougall sets out to discover their secrets. In the process, he takes his readers from science labs at Harvard to the sun-baked valleys and freezing peaks across North America, where ever-growing numbers of ultra-runners are pushing their bodies to the limit, and, finally, to a climactic race in the Copper Canyons that

pits America's best ultra-runners against the tribe. McDougall's incredible story will not only engage your mind but inspire your body when you realize that you, indeed all of us, were born to run. Look for *Born to Run 2*, coming in December! *How to Run the World Skyhorse* Fifty Places to Surf Before You Die is a beautifully illustrated guide to the most thrilling surfing destinations in the world. Covering quintessential beaches, including: Oahu's North Shore; Australia's Gold Coast; and of course, Malibu, California, the

book also invites you to discover such unexpected gems as the Amazon and the Gulf of Alaska. From the frigid waters off Iceland's Reykjanes Peninsula to Nazaré, Portugal, where in 2013 Garrett McNamara broke a world record for surfing the tallest wave (78 feet!), *Fifty Places to Surf* takes readers on a wide-roving adventure, divulging the details that make each venue unique—and plenty of tips for those who aspire to surf there. Featuring interviews with

seasoned surfing experts such as pro surfer Joel Parkinson and Billabong executive Shannan North, *Fifty Places to Surf Before You Die* is an essential travel companion for surfers of all levels who are looking to catch that perfect wave.

Proceedings of the Ocean Drilling Program

Ballantine Books
Now available in a deluxe keepsake edition! A Time Best YA Book of All Time (2021) Run away to the Metropolitan Museum of Art with E. L. Konigsburg's beloved classic and Newbery Medal-winning novel *From the Mixed-Up Files of Mrs. Basil E. Frankweiler*. When

Claudia decided to run away, she planned very carefully. She would be gone just long enough to teach her parents a lesson in Claudia appreciation. And she would go in comfort—she would live at the Metropolitan Museum of Art. She saved her money, and she invited her brother Jamie to go, mostly because he was a miser and would have money. Claudia was a good organizer and Jamie had some ideas, too; so the two took up residence at the museum right on schedule. But once the fun of settling in was over, Claudia had two unexpected problems: She felt just the same, and she wanted to feel different; and she found a statue at the Museum so beautiful she could not go home until she

bad discovered its maker, a question that baffled the experts, too. The former owner of the statue was Mrs. Basil E. Frankweiler. Without her—well, without her, Claudia might never have found a way to go home. *An Inspiration to All Who Enter* Sourcebooks, Inc. *Fifty Places to Surf Before You Die* is a beautifully illustrated guide to the most thrilling surfing destinations in the world. Covering quintessential beaches, including: Oahu's North Shore; Australia's Gold Coast; and of course, Malibu, California, the book also invites you to discover such unexpected gems as

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Ride Wings Press
How do you tell the story of a race that symbolizes New York City's vitality, diversity, and charm? Here, Richard O'Brien offers more than forty definitive articles from over the years that capture the color and excitement of one of the world's most beloved annual events. In this rich run through the decades, readers will revisit all of the results, relive all of the highlights, and share the road again with all of the marathon's unforgettable figures, including

Fred Lebow, Grete Waitz, Bill Rodgers, Germán Silva, Meb Keflezighi, Mary Keitany, Shalane Flanagan, and so many others. With special sections highlighting the race's volunteers, spectators, celebrities, and more, as well as an introduction by New York Road Runners Chairman of the Board George Hirsch, the book celebrates the marathon's first fifty years with a thrilling selection of photographs. Like the stories of everyday women and men overcoming obstacles to complete the race, these curated images capture the inimitable charge of

running the New York City Marathon, while providing a compelling visual tapestry reflecting a half century of cultural change. The images not only show how running gear and hairstyles changed from the early 1970s to the present, but they also reveal the ever-dynamic political and cultural climate of New York City. This beautifully designed, heavily illustrated coffee-table style book is the perfect gift for any fan of this fifty-year-old race!

The Mister Vintage
NATIONAL BESTSELLER
• WINNER OF THE PULITZER PRIZE • A searing, post-apocalyptic novel

about a father and son's fight to survive, this "tale of survival and the miracle of goodness only adds to McCarthy's stature as a living master. It's gripping, frightening and, ultimately, beautiful" (San Francisco Chronicle). A father and his son walk alone through burned America. Nothing moves in the ravaged landscape save the ash on the wind. It is cold enough to crack stones, and when the snow falls it is gray. The sky is dark. Their destination is the coast, although they don't know what, if anything, awaits them there. They have nothing; just a pistol to defend themselves against the lawless bands that stalk the road, the clothes they are wearing, a cart of scavenged food—and each other. The Road is the profoundly moving story of a journey. It boldly imagines a future in which no hope remains, but in which the father and his son, "each the other's world entire," are sustained by love. Awesome in the totality of its vision, it is an unflinching

meditation on the worst and the best that we are capable of: ultimate destructiveness, desperate tenacity, and the tenderness that keeps two people alive in the face of total devastation. Look for Cormac McCarthy's new novel, Ready Player One Rodale Books

Outlines a provocative approach to diplomacy that addresses the needs of today's globalized world, covering issues ranging from economic imbalance and environmental stress with recommendations for

specific actions to unify the resources of governments, corporations and civic groups.

Older, Faster, Stronger Simon and Schuster

"A badass debut by any measure—nimble, knowing, and electrifying." —Colson Whitehead, Pulitzer Prize-winning author of *The Nickel Boys* and *Harlem Shuffle* "... 'My Monticello' is, quite simply, an extraordinary debut from a gifted writer with an unflinching view of history and what may come of it." — The Washington Post

Winner of the Weatherford Award in Fiction A winner of 2022 Lillian Smith Book Awards A young woman descended from Thomas Jefferson and Sally Hemings driven

from her neighborhood by a white militia. A university professor studying racism by conducting a secret social experiment on his own son. A single mother desperate to buy her first home even as the world hurtles toward catastrophe. Each fighting to survive in America. Tough-minded, vulnerable, and brave, Jocelyn Nicole Johnson's precisely imagined debut explores burdened inheritances and extraordinary pursuits of belonging. Set in the near future, the eponymous novella, "My Monticello," tells of a diverse group of Charlottesville neighbors fleeing violent white supremacists. Led by Da'Naisha, a young Black descendant of Thomas Jefferson and

Sally Hemings, they seek refuge in Jefferson's historic plantation home in a desperate attempt to outlive the long-foretold racial and environmental unravelling within the nation. In "Control Negro," hailed by Roxane Gay as "one hell of a story," a university professor devotes himself to the study of racism and the development of ACMs (average American Caucasian males) by clinically observing his own son from birth in order to "painstakingly mark the route of this Black child too, one whom I could prove was so strikingly decent and true that America could not find fault in him unless we as a nation had projected it there." Johnson's characters all seek

out home as a place and an internal state, whether in the form of a Nigerian widower who immigrates to a meager existence in the city of Alexandria, finding himself adrift; a young mixed-race woman who adopts a new tongue and name to escape the landscapes of rural Virginia and her family; or a single mother who seeks salvation through "Buying a House Ahead of the Apocalypse." United by these characters' relentless struggles against reality and fate, *My Monticello* is a formidable book that bears witness to this country's legacies and announces the arrival of a wildly original new voice in American fiction.

The Road Random House
Trade Paperbacks
A Good Morning America

Book Club Pick and New York Times Bestseller! From debut author Asha Lemmie, "a lovely, heartrending story about love and loss, prejudice and pain, and the sometimes dangerous, always durable ties that link a family together."
—Kristin Hannah, #1 New York Times–bestselling author of *The Nightingale* *Kyoto, Japan, 1948*. "Do not question. Do not fight. Do not resist." Such is eight-year-old Noriko "Nori" Kamiza's first lesson. She will not question why her mother abandoned her with only these final words. She will not fight her confinement to the attic of her grandparents' imperial estate. And she will not resist the scalding chemical baths she receives

daily to lighten her skin. The child of a married Japanese aristocrat and her African American GI lover, Nori is an outsider from birth. Her grandparents take her in, only to conceal her, fearful of a stain on the royal pedigree that they are desperate to uphold in a changing Japan. Obedient to a fault, Nori accepts her solitary life, despite her natural intellect and curiosity. But when chance brings her older half-brother, Akira, to the estate that is his inheritance and destiny, Nori finds in him an unlikely ally with whom she forms a powerful bond—a bond their formidable grandparents cannot allow and that will irrevocably change the

lives they were always meant to lead. Because now that Nori has glimpsed a world in which perhaps there is a place for her after all, she is ready to fight to be a part of it—a battle that just might cost her everything. Spanning decades and continents, *Fifty Words for Rain* is a dazzling epic about the ties that bind, the ties that give you strength, and what it means to be free.

Fifty Places to Run Before You Die
Abrams

Hazel is determined to beat her rival in an upcoming race, but when she sees her brother Raymond running alongside her on the track, she realizes there are

more important things than winning. *The Pacific* Reporter Abrams Image Landlubbers joke that sailors are always wanting to head off to the ends of the earth, but Chris Santella takes that life-changing desire very seriously. In this, the third installment in his immensely successful "Fifty Places" series, Santella assembles a crew of the world's greatest championship racers and professional adventurers and persuades them to disclose their

favorite destinations around the globe. Interviewees include some of the best-known men and women in the sport: Tom Whidden and Gary Jobson (members of the winning 1987 America's Cup crew), Jeff Johnstone (of J-Boats), award-winning sailing writer Lin Pardey, and many others. The amazingly diverse places they've selected range from clubby East Coast ports (Marblehead, Annapolis), to idyllic tropical refuges (Ilha Grande, Brazil; the

Polynesian atoll of Mopelia), to some of the most hair-raisingly treacherous waters on earth (Cape Horn). Coastlines around the world—even Antarctica and the Arctic—are represented, and the chosen spots include some spectacular inland waters, such as the Bras d'Or Lakes and the North Channel of Lake Huron. For each of the 50 places, the sailor recommending the venue spins an entertaining yarn about his or her experience there, and each description is

accompanied by a make you want to go there now photograph.

Hal Higdon's Half Marathon Training

Vintage Canada
#1 NEW YORK TIMES
BESTSELLER • Now a major motion picture directed by Steven Spielberg.

"Enchanting . . . Willy Wonka meets The Matrix."—USA Today • "As one adventure leads expertly to the next, time simply evaporates."—Entertainment Weekly A world at stake. A quest for the ultimate prize. Are you ready? In the year 2045, reality is an ugly place. The only time Wade Watts really feels alive is when he's jacked

into the OASIS, a vast virtual world where most of humanity spends their days. When the eccentric creator of the OASIS dies, he leaves behind a series of fiendish puzzles, based on his obsession with the pop culture of decades past. Whoever is first to solve them will inherit his vast fortune—and control of the OASIS itself. Then Wade cracks the first clue. Suddenly he's beset by rivals who'll kill to take this prize. The race is on—and the only way to survive is to win. NAMED ONE OF THE BEST BOOKS OF THE YEAR BY Entertainment Weekly • San Francisco Chronicle • Village Voice • Chicago Sun-Times • i09 • The AV Club "Delightful . . . the grown-up's Harry Potter."—HuffPost "An addictive read . . . part intergalactic scavenger hunt, part romance, and all heart."—CNN "A most excellent ride . . . Cline stuffs his novel with a cornucopia of pop culture, as if to wink to the reader."—Boston Globe "Ridiculously fun and large-hearted . . . Cline is that rare writer who can translate his own dorky enthusiasms into prose that's both hilarious and compassionate."—NPR "[A] fantastic page-turner . . . starts out like a simple bit

of fun and winds up feeling like a rich and plausible picture of future friendships in a world not too distant from our own."—i09

*Address [on
Municipal Trading]
Delivered Before
the British
Association,
Belfast, September
12th, 1902* Hachette
Books

Hal Higdon's *Half Marathon Training* offers prescriptive programming for all levels of runners. Not only will it help you learn how to get started with your training, but it will show you where to focus your attention, when to progress, and how

to keep it simple. *Marathon Woman* Lulu Press, Inc One part personal quest to discover running greatness after age 50, one part investigation into what the women's running boom can teach athletes about becoming fitter, stronger, and faster as we age, *Older, Faster, Stronger* is an engrossing narrative sure to inspire women of all ages. A former overweight smoker turned marathoner, Margaret Webb runs with elite older women, follows a high-performance training plan

devised by experts, records in their
and examines 90s. What are the
research that shows secrets of these
how endurance ageless wonders?
training can stall How do they get
aging. She then stronger and faster
tests herself long after their
against the world's "athletic prime"?
best older runners Is there an
at the world evolutionary reason
masters games in women can maintain
Torino, Italy. endurance into
Millions of women advanced years?
have taken up Webb immerses
running in recent herself in these
decades—the first questions as she as
generation of women she trains to see
to train in great just how fast she
numbers. Women are can get after 50.
qualifying for the *Fifty Words for Rain*
Olympic marathon in Colchis Books
their 50s, running The author of the
100-mile ultra bestselling *Fifty*
marathons in their Places series returns
60s, completing with a collection of
Ironmans in their the most meditative
80s, competing for and relaxing locales
world masters for every type of yoga
practice *Fifty Places*

90s. What are the secrets of these ageless wonders? How do they get stronger and faster long after their "athletic prime"? Is there an evolutionary reason women can maintain endurance into advanced years? Webb immerses herself in these questions as she as she trains to see just how fast she can get after 50. *Fifty Words for Rain* Colchis Books The author of the bestselling *Fifty Places* series returns with a collection of the most meditative and relaxing locales for every type of yoga practice *Fifty Places*

to Practice Yoga Before Nassau, Bahamas - Paro, You Die is the Bhutan - Welgevonden seventeenth entry in Game Reserve/Tuli Chris Santella's Reserve, Botswana - bestselling Fifty Salt Spring Island, Places series. The British Columbia - book shares yogis' Joshua Tree, recommendations for California - Los Angeles, California - the best and most Ojai, California - San beautiful places to do Francisco, California yoga as well as tips - Watsonville, for how to plan the California - Siem variety of venues Reap, Cambodia - around the world that Torres Del Paine, cater to many Chile - Denver, different classes and Colorado - Nosara, styles of yoga, Costa Rica - Malta, including Anusara, Europe - Islamorada, Ashtanga, Bikram, hot Florida - Lake Atilan, yoga, Iyengar, Guatemala - Kapaau, Restorative, and Hawaii - Maui, Hawaii Vinyasa. The following - Goa, India - Mysore breathtaking, diverse (Mysuru), India - locales are explored Pune, India - throughout: Haines, Rishikesh, India - Alaska - Lake Louise, Bali, Indonesia - Val Alberta - Antarctic de Chio, Italy - Peninsula, Antarctica Boston, Massachusetts - Sedona, Arizona - - Stockbridge, Melbourne, Australia - Massachusetts - Tulum, Uluru, Australia - Mexico - Helena, Austria, St. Anton - Montana - Taghazout,

Morocco - Bagan,
Myanmar - Pokhara,
Nepal - Glenorchy, New
Zealand - Popoyo,
Nicaragua - Valdres,
Norway - Palmer
Rapids, Ontario - John
Day River, Oregon -
Oregon City, Oregon -
The Sacred Valley,
Peru - Siargao,
Philippines - Olhão,
Portugal - Unawatuna,
Sri Lanka - Kho
Phangan, Thailand -
London, United Kingdom

What I Talk About
When I Talk About
Running Abrams

The idea of "The
Green Book" is to
give the Motorist
and Tourist a Guide
not only of the
Hotels and Tourist
Homes in all of the
large cities, but
other
classifications
that will be found

useful wherever he
may be. Also facts
and information
that the Negro
Motorist can use
and depend upon.
There are thousands
of places that the
public doesn't know
about and aren't
listed. Perhaps you
know of some? If so
send in their names
and addresses and
the kind of
business, so that
we might pass it
along to the rest
of your fellow
Motorists. You will
find it handy on
your travels,
whether at home or
in some other
state, and is up to
date. Each year we
are compiling new
lists as some of

these places move, encouraging them to
or go out of excel and achieve.
business and new 10:02 a.m.: The
business places are students get up to
started giving leave the
added employment to auditorium for
members of our their next class.
race. 10:03: The

The New York City

Marathon Macmillan

The #1 New York
Times Bestseller A
Buzzfeed Best Book
of the Decade A
Paste Magazine Best
Book of the Decade
Everyone has a
reason to fear the
boy with the gun...

10:00 a.m.: The
principal of
Opportunity,
Alabama's high
school finishes her
speech, welcoming
the entire student
body to a new
semester and

auditorium doors
won't open. 10:05:
Someone starts
shooting. In 54
minutes, four
students must
confront their
greatest hopes, and
darkest fears, as
they come face-to-
face with the boy
with the gun.

Includes special
bonus content: a
letter from the
author, discussion
questions, two
bonus chapters, a
conversation with
the author, and a

playlist! Praise for This Is Where It Ends: A BuzzFeed Best Book of the Decade A Paste Magazine Best Book of the Decade A BookRiot Best Book of the Decade A Professional Nerds Best Book of the Decade "Marieke Nijkamp's brutal, powerful fictional account of a school shooting is important in its timeliness."

-Bustle.com "A gritty, emotional, and suspenseful read and although fictionalized, it reflects on a problematic and harrowing issue across the nation."
-Buzzfeed "A

compelling, brutal story of an unfortunately all-too familiar situation: a school shooting. Nijkamp portrays the events thoughtfully, recounting fifty-four intense minutes of bravery, love, and loss."
-BookRiot